



Elmhurst School

Lower School

PSHE Policy

Updated February 2010

Elmhurst School for Dance Lower School PSHE policy

At Elmhurst the PSHE programme is mapped across the curriculum. It is offered both implicitly and explicitly across all three faculties.

During Years 7-9 pupils learn about themselves as growing and changing individuals and as members of their communities. They become more self aware, and are capable of more sophisticated moral reasoning. They take more responsibility for themselves and become more aware of the views, needs and rights of others. They learn how to plan and make choices. They continue to develop and maintain a healthy lifestyle, coping with their changing bodies and feelings. They also learn to cope with changing relationships and understand how these affect their health and well being. They make the most of new opportunities to take part in the life of the school.

During Years 10-11 pupils build on what they have learnt and they gain greater knowledge and understanding of spiritual, moral, social and cultural issues through increased moral reasoning, clarifying their opinions and attitudes in discussions with their peers and informed adults.

In addition to the implicit programme of study there are resources which can be used by form tutors for in-depth study of a variety of the subjects e.g. Citizenship should the occasion arise.