

## Monday

### Hot Breakfast

Scrambled Eggs

Chocolate pastry

Porridge with Golden syrup

### Daily Offering

Toast, Cereals, Fruit, Vanilla  
Granola and Yoghurt.

### Fruit Juice

Whole, Semi, Skimmed and Soya  
Milk

## Tuesday

### Hot Breakfast

Boiled Eggs

Hash browns

Porridge with Apricot

### Daily Offering

Toast, Cereals, Fruit, Granola and  
Yoghurt.

### Fruit juice

Whole, Semi, Skimmed and Soya  
Milk

# Elmhurst Ballet School Breakfast Menu Week 1

## Wednesday

### Hot Breakfast

Scrambled Eggs

Baked Beans

Porridge with Mixed Berries

### Daily Offering

Toast, Cereals, Fruit, Granola and  
Yoghurt.

### Fruit juice

Whole, Semi, Skimmed and Soya  
Milk

## Thursday

### Hot Breakfast

Poached eggs

Cinnamon bagels

Porridge with honey

### Daily Offering

Toast, Cereals, Fruit, Granola and  
Yoghurt.

### Fruit Juice

Whole, Semi, Skimmed and Soya  
Milk

## Friday

### Hot Breakfast

Scrambled Eggs

Baked Beans

Porridge with apricots

### Daily Offering

Toast, Cereals, Fruit, Granola and Yoghurt, fruit juice.

Whole, Semi, Skimmed and Soya Milk

## Saturday

### Hot Breakfast

Scrambled eggs

Cinnamon bagels

Porridge with honey

### Daily Offering

Toast, Cereals, Fruit, Raisin  
Granola and Yoghurt.

### Fruit juice

Whole, Semi, Skimmed and Soya  
Milk

## Sunday

### Hot Breakfast

Boiled eggs

Waffles

Porridge with sultanas

### Daily offering

Toast, Cereals, Fruit, Granola and  
Yoghurt.

### Fruit Juice

Whole, Semi, Skimmed and Soya  
Milk