

Elmhurst Ballet School Lunch Menu Week 3

Monday

Soup of the day

Leek and potato

Main Course

Chicken Dhansak

Vegetarian

Indian potato cake with chutney

Sides

Boiled brown rice, curried cauliflower , kale

Jacket Potato

Baked Beans

Tuesday

Soup of the day

Winter vegetables

Main course

Beef ragu with chirozo and beans

Vegetarian

Field mushrooms stuffed with brie

Sides

Homemade Garlic Bread, broccoli and cauliflower florets

Jacket Potato

Chilli chicken

Wednesday

Soup of the day

Roasted red pepper and tomato

Main Course

Roast turkey with sage and onion

Vegetarian

Sweet potato Wellington

Sides

Roasted potatoes, parsnips and carrots

Jacket Potato

Cheddar and bacon

Thursday

Soup of the day

Thai butternut squash

Main Course

Miso chicken

Vegetarian

Moroccan vegetable flatbread

Sides

Golden vegetable rice

Jacket Potato

Baked Beans

Friday

Soup of the day

Sweet potato

Vegetarian

Quinoa and Mozzarella Stuffed Peppers

Main course

Goujons of cod

Sides

French fries, peas and sweetcorn

Jacket Potato

Baked Beans

Saturday

Main Course

Beef Moussaka with crusty garlic bread

Vegetarian

Quorn mince pie

Sides

Saute Lyonnaise, Broccoli, Spinach and Rocket

Jacket potato

Tuna mayo

Sunday

Sunday Brunch 12-1am

Hot Breakfast

Scrambled Eggs

Roasted Tomatoes

Bacon and Beans

Cumberland Sausage

Vegetarian Sausages

Home-made Potato Rosti with Chives