

## Monday

### Hot Breakfast

Scrambled Eggs  
Grilled tomatoes  
Porridge with Vanilla

### Daily Offering

Toast, Cereals, Fruit, Vanilla  
Granola and Yoghurt.

Fresh Orange Juice  
Whole, Semi, Skimmed and Soya  
Milk

# Elmhurst Ballet School Breakfast Menu Week 1

## Saturday

### Hot Breakfast

Poached eggs  
Sausage patties  
English roll  
Belgian waffles  
Porridge with fruit compote

### Daily Offering

Toast, Cereals, Fruit, Raisin  
Granola and Yoghurt.

Fresh Apple Juice  
Whole, Semi, Skimmed and Soya  
Milk

## Wednesday

### Hot Breakfast

Scrambled Eggs  
Baked Beans  
Porridge with Mixed Berries

### Daily Offering

Toast, Cereals, Fruit, Coconut  
Granola and Yoghurt.

Fresh Cranberry Juice with Mint  
Whole, Semi, Skimmed and Soya  
Milk

## Thursday

### Hot Breakfast

Poached eggs  
Bacon  
Porridge with honey

### Daily Offering

Toast, Cereals, Fruit, Raisin  
Granola and Yoghurt.

Fresh Apple Juice  
Whole, Semi, Skimmed and Soya  
Milk

## Tuesday

### Hot Breakfast

Boiled Eggs  
Hash browns  
Porridge with Apricot

### Daily Offering

Toast, Cereals, Fruit, Granola and  
Yoghurt.

Fresh Apple Juice  
Whole, Semi, Skimmed and Soya  
Milk

## Friday

### Hot Breakfast

Boiled Eggs  
Mushrooms  
Porridge with Sultanas

### Daily Offering

Toast, Cereals, Fruit, Granola and Yoghurt.

Fresh Apple Juice  
Whole, Semi, Skimmed and Soya Milk

## Sunday

### Hot Breakfast

Daily offering  
Toast, Cereals, Fruit, Granola and  
Yoghurt.

Fresh Apple Juice  
Whole, Semi, Skimmed and Soya  
Milk