

Monday

Elmhurst Deli Top WI

Tuesday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Sliced Tomatoes
Chunky cucumber
Sweetcorn and Onion
Coleslaw
Iceberg

Compound

Hummus
Aubergine,
Bean and Basil Salad
Roasted Cauliflower, Beetroot and Thyme

Fruit and Yoghurt

Chunky Fruit Salad Pots
Vanilla Yoghurt with Blueberries

Daily Protein

Honey roast ham
Sliced Cheddar

Dress It Up

Mayo, Ketchup, Balsamic Olive Oil

Daily Toasties Bar

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Mixed Leaves
Vine tomatoes
Cucumber smiles
Grated carrots
Sliced Peppers

Compound

Roast Butternut,
Cous Cous with Basil
Thai Spiced Coleslaw

Fruit and Yoghurt

Pineapple Wedges
Cranberry Yoghurt Pots

Daily Protein

Chicken Wings
Sliced Cheese

Dress It Up

Mayo, Ketchup, Balsamic Olive Oil

Wednesday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Tomato wedges
Chunky cucumber
Coleslaw
Cos lettuce
Sweetcorn

Compound

Pesto, Olives, Dressings, Tomato Ketchup
Classic Caesar Salad

Roast Swede and Turnip Salad

Daily Protein

Lemon and Pepper Chicken Wings
Sliced Cheese

Fruit and Yoghurt

Chunky Fruit Cocktail Pots
Granola Yoghurt Pots

Thursday

Daily Toasties Bar

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Mixed tomatoes
Cucumber strips
Grated carrots
Sliced peppers
Iceberg Lettuce

Compound

Lemon Mayo, Dressings, Carrot, Chickpea
and Mint Salad.

Chunky Roasted Sweet Potato and
Butternut Cous Cous

Daily Protein

Chicken Drum Sticks
Tuna

Fruit and Yoghurt

Mixed Grape Pots
Pineapple Yoghurt Pots

Friday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Sliced Tomato & basil
Chunky cucumber
Sliced peppers
Coleslaw
Iceburg

Compound

Hummus, Mayo, Dressings, Tomato
Ketchup,
Chunky Roasted Mediterranean Salad
Snow Pea and Bean Sprout Salad

Daily Protein

Grated Cheddar and Mozzarella
Chef's Choice

Fruit and Yoghurt

Sliced Honeydew Melon
Mixed Berry Yoghurt