

Monday **Elmhurst Deli Top W2** Tuesday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Sliced Tomatoes
 Chunky cucumber
 Sliced peppers
 Coleslaw
 Iceberg

Compound

Hummus
 Roast Mediterranean
 Vegetable Salad
 Green Lentil and Mango Salad
 with baby spinach

Fruit and Yoghurt

Chunky Fruit Salad Pots
 Vanilla Yoghurt with Blueberries

Daily Protein

Honey roast ham
 Sliced Cheeses

Dress It Up

Mayo, Ketchup, Balsamic and Olive Oil, Pesto

Daily Toasties Bar

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Hard boiled eggs
 Vine tomatoes
 Cucumber smiles
 Grated carrots
 Sliced Peppers
 Baby leaves

Compound

Hummus, Gherkins,
 New Potato, Chives and Celery
 Fennel, Apple & Red Onion
 Chef's Special Salad

Fruit and Yoghurt

Pineapple Wedges
 Cranberry Yoghurt Pots

Daily Protein

Chicken Wings
 Sliced Cheese

Dress It Up

Mayo, Ketchup, Balsamic and Olive Oil

Wednesday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Tomato wedges
 Chunky cucumber
 Sliced peppers
 Coleslaw
 Cos lettuce
 Sweetcorn

Compound

Pesto, Olives, Dressings, Tomato Ketchup
 Chickpea, Lime, White Bean and
 Avocado. Roasted Red Onion and
 Courgette

Daily Protein

Roast Honey Pork
 Sliced Cheddar

Fruit and Yoghurt

Chunky Fruit Cocktail Pots
 Granola Yoghurt Pots

Thursday

Daily Toasties Bar

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Mixed tomatoes
 Cucumber strips
 Grated carrots
 Sliced peppers
 Iceberg Lettuce

Compound

Hummus, Lemon Mayo, Dressings,
 Roasted Celeriac Waldorf. Giant
 Couscous, Chorizo and Lemon Salad

Daily Protein

Chicken Drum Sticks
 Beetroot Boiled Eggs

Fruit and Yoghurt

Mixed Grape Pots
 Pineapple Yoghurt Pots

Friday

Daily

Selection of fresh bread, toppings and dressings to pick'n'mix a salad of your choice

Simple

Tomato & basil
 Chunky cucumber
 Sliced peppers
 Coleslaw
 Mixed leaves
 Chunky Med Veg Salad

Compound

Hummus, Mayo, Dressings, Tomato
 Ketchup, Curried Lentil, Raisin and
 Cauliflower Salad. Summer Thai Noodle
 Salad

Daily Protein

Sliced Cheddar
 Chef's Choice

Fruit and Yoghurt

Sliced Honeydew Melon
 Winter Berry Mixed Yoghurt