

# Elmhurst Ballet School

## Lunch Menu Week 3

### Monday

#### Soup of the day

Leek and potato

#### Main Course

Chilli beef Chimichanga with cheddar sauce topping

#### Vegetarian

Indian potato cake with chutney

#### Sides

Steamed new potatoes, roasted cauliflower

#### Jacket Potato

Baked Beans

### Tuesday

#### Soup of the day

Red Lentil

#### Main course

Chicken Cassoulet with chorizo and beans

#### Vegetarian

Field mushrooms stuffed with brie

#### Sides

Homemade Garlic Bread, broccoli and cauliflower florets

#### Jacket Potato

Chilli chicken

### Wednesday

#### Soup of the day

Roasted red pepper and tomato

#### Main Course

Chicken Katsu curry with flatbread

#### Vegetarian

Root vegetable frittata with caramelised onion

#### Sides

Steamed fragrant rice, sweetcorn and carrots

#### Jacket Potato

Cheddar and bacon

### Thursday

#### Soup of the day

Thai butternut squash

#### Main Course

Lamb and Mint Pie with a puff pastry lid

#### Vegetarian

Black bean, spinach, and avocado taco with mango salsa

#### Sides

Roasted Diced Potatoes with braised celeriac and white cabbage

#### Jacket Potato

Baked Beans

### Friday

#### Soup of the day

Parsnip

#### Vegetarian

Quinoa and Mozzarella Stuffed Peppers

#### Main course

Lemon grilled tuna steaks

#### Sides

New Potatoes, Carrots and Cauliflower

#### Jacket Potato

Baked Beans

### Saturday

#### Main Course

Beef lasagne with crusty garlic bread

#### Vegetarian

Quorn Mince and winter vegetable pie with potato sliced topping

#### Sides

Saute lyonnaise, Broccoli, Spinach and Rocket

#### Jacket potato

Tuna mayo

### Sunday

#### Sunday Brunch 12-1pm

#### Hot Breakfast

Scrambled Eggs

Roasted Tomatoes

Bacon and Beans

Cumberland Sausage

Vegetarian Sausages

Home-made Potato Rosti with Chives